



CONEJO VALLEY
UNIFIED SCHOOL DISTRICT

2023

**All lunches
Are served with
Fruit & Veggies
& Choice of
Milk**

Milk \$1.00

Water \$1.00

Juice \$1.00

Elementary Schools Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MENU SUBJECT TO CHANGE			1 Nachos w/Cheese & Meat @\$^+# Tortilla Chips Homemade Grilled Cheese \$^+@ Seasonal Fresh Fruit & Veggies	2 PIZZA FRIDAY! Whole Grain Cheese Pizza ^+\$\$@ Crispy Burrito \$^+@ D&J Cookie ^+\$\$@ Seasonal Fresh Fruit & Veggies
5 Enchiladas \$+@ Bean & Cheese Burrito \$^+@ Seasonal Fresh Fruit & Veggies Choc Chip Cookie ^+\$\$%@	6 Turkey Hot Dog on Whole Wheat Bun ^+ Homemade Grilled Cheese \$^+@ Chips Seasonal Fresh Fruit & Veggies	7 Popcorn Chicken \$*^+ PB&J Sandwich ^+!! Chips Seasonal Fresh Fruit & Veggies	8 Hamburger on Whole Wheat Bun ^+@\$# Bean & Cheese Burrito \$^+@ Seasonal Fresh Fruit & Veggies Choc Chip Cookie ^+\$\$%@	9 PIZZA FRIDAY! Whole Grain Cheese Pizza ^+\$\$@ PB&J Sandwich ^+!! D&J Cookie ^+\$\$@ Seasonal Fresh Fruit & Veggies
12 Cheeseburger Sliders ^+@\$# Crispy Bean & Cheese Burrito \$^+@ Chips Seasonal Fresh Fruit & Veggies	13 UPSIDE DOWN DAY! Pancake Breakfast Bowl %\$+^ Homemade Grilled Cheese \$^+@ Seasonal Fresh Fruit & Veggies	14 Homemade Mac & Cheese @^+ PB&J Sandwich ^+!! Chips Seasonal Fresh Fruit & Veggies	15 Chicken Nuggets \$@^+ Tater Tots Homemade Grilled Cheese \$^+@ Chips Seasonal Fresh Fruit & Veggies	16 HAVE A GREAT SUMMER VACATION!

Peanuts!!
Pork* Beef#
Whey= Soy\$
Corn> Wheat+
Milk@ Gluten^
Eggs% Fish

Aspen, Lang Ranch & Westlake Hills
Elementary schools are peanut free schools–
PB&J will always be replaced by peanut free
sandwich (Sunbutter or Soybutter)

Manage your student's lunch
account with
PayPal through Q parent connect
Or for more information visit our
website at
[www.conejousd.org/business/
ChildNutrition](http://www.conejousd.org/business/ChildNutrition)